

Peak ENT and Voice Center

Medications to Avoid Before Allergy Testing

Some medications interfere with skin testing for allergies. The following is a list of medications and supplements that should be avoided prior to your allergy test. Please completely review the list of medications below and notify your doctor right away if you are taking any of these medications. Also, please check with your prescribing physician before stopping any medications.

Medications to Avoid 3-6 Weeks before Testing:

Tricyclic Antidepressants and Antidepressants that have an antihistamine effect: Please consult with your prescribing physician before stopping anti-depressant medications.

Adapin (Doxepin HCL)	Etrafon (Combination Drug)	Surmontil (Trimipramine Maleate)
Apo-Trimip (Trimipramine Maleate)	Impril (Imipramine HCL)	Trofanil PM (Impramine HCL & Pamoate)
Asendin (Amoxapine)	Levate (Amitriptyline)	Trazodone (Desyrel)
Aventyl (Nortriptyline HCL)	Limbitrol (Combination Drug)	Triadapin (Doxepin HCL)
Elavil (Amitriptyline)	Meravil (Amitriptyline)	Trialic (Combination Drug)
Endep (Amitriptyline)	Pamelor (Nortriptyline HCL)	Tripramine (Imipramine HCL)
Emitrip (Amitriptyline)	Rolavil (Amitriptyline)	Triptil (Protriptyline HCL)
Endlil (Amitriptyline)	Sinequan (Doxepin HCL)	Vivactil (Pritroptyline HCL)

Medications to Avoid 1 Week before Testing:

Long-Acting Antihistamines:

Allegra or Allegra D (Fexofenadine)
Claritin or Claritin D (Loratidine)
Zyrtec or Zyrtec D (Cetirizine)

Miscellaneous Anti-Anxiety Medications:

Vistral, Atarax (Hydroxyzine)
Xanax (Alprazolam)
Klonopin (Clonazepam)

Medications to Avoid 5 days before Testing:

Beta Blockers: Used to treat heart conditions, headaches, or glaucoma. You will need to contact your prescribing physician to discuss changing or temporarily stopping the beta-blocker in order to safely undergo skin allergy testing.

Betapace (Sotalol)	Inderid (Propranolol & HCTZ)	Tenormin (Atenolol)
Blocarden (Timolol Maleate)	Kerlone (Betaxolol HCL)	Timolide (Timolol & HCTZ)
Brevibloc (Esmolol HCL)	Levatol (Penbutolol Sulfate)	Toprol XL (Metoprolol Succinate)
Cartrol (Carteolol HCL)	Lopressor (Metoprolol Tartrate)	Trandate (Labetolol HCL)
Carvedilol	Normodyne (Labetolol HCL)	Visken (Pindolol)
Corgard (Nadolol)	Normozide (Labetolol & HCTZ)	Zebeta (Bisoprolol)
Corzide (Nadolol & HCTZ)	Sectral (Acebutolol HCL)	Ziac (Bisoprolol & HCTZ)
Inderal (Propraolol)	Tenoretic (Atenolol & Chlorthalidone)	

Anti-inflammatory Medications:

Advil	Indocin	Aspirin
Aleve	Flexeril	Naproxen
Celebrex	Ibuprofen	
Excedrin	Motrin	

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MAO Inhibitors: Please check with your prescribing doctor prior to discontinuing medications.

Matulane (Procarbazine)	Eutonyl (Pargyline)
Nardil (Phenelzine)	Eutron (Pargyline & Methylothiazine)
Parnate (Tranylepromine)	Floxone (Furzaolidone)

Medications to Avoid 3 Days before Testing:

Other Antihistamines, Nasal Steroids, Inhaled Steroids, and Decongestants:

Actifed	Chor-Trimeton	Flovent	Pataday	Singulair
Accolate	Clistin-Glisten	Isoclor	Patanase	Spiriva
Advil Cold/Sinus	Comhist	Kronofed	Periactin	Tavist-I
Advair	Deconamine	Marax	Polaramine	Tavist-D
Alaway Drops	Dimetapp	Midol PM	Poly-histine	TheraFlu
Aldecon	Dimetane	Nasonex	QNasal	Xolair
Astelin spray	Dramamine	Nisaval	Ritalin	Zataday Drops
Azmacort	Dymista	Nolahist	Robustussin CF	Phenergan
Beconase	Excedrin PM	Nolamine	Rondec	Compazine
Benadryl	Entex	Novahistine	Ru-tuss	Phenothiazine
Chlorpheniramine	Flonase	Optimine	Rynatan	Vistaril-Hydroxazine

Supplements and Homeopathic Remedies:

Green Tea	Flax Seed	Vitamins
Dietary Supplements	Fish Oil	Any "Anti-Allergy" Remedy
Herbal Pills	Herbal Teas	Any Other Antioxidant Supplement

Medications to Avoid the Night before Testing:

H2 Antagonists: Anti-nausea and Reflux medications

Meclizine	Tagamet (Cimetidine)
Phenergan	Zantac (Ranitidine)
Pepcid, Axid (Famotidine)	

Medications to Avoid the Morning of the Test:

Topical Steroid Anti-Inflammatories: creams, ointments, gels, solutions, lotions

Leukotriene Receptor Agonists: Zyflo (Zileuton), Accoluate (Zafirlukast)

**Please contact the office if you have any questions regarding medication avoidance before your allergy test.
720-401-2139.**